



Arunima Sinha: First Female Amputee to Climb Mount Everest



Volume 4



Boniface Prabhu: Wheelchair Tennis Champion



Deepa Malik India's First Paralympic Medalist



Sheetal Devi - Para archery



Inshah Basir - First Women basketball player

My disability
Is my strength

STEPS AHEAD
A MONTHLY NEWSLETTER

Editors Desk



P S Prasad

I hereby release the Monthly newsletter 'STEPS AHEAD' for the month of **April 2026**.

I hope all of you liked the last months edition of our Newsletter. Look forward to your feedback on newsletter and look forward to your participation with your content.

Please do write to us at prasad@freedomtrustchennai.org for any feedback and suggestions or to add any other sections that would benefit all of us. Happy Reading.

Voice of the Trustee

Dear Friends,

Due to the enforcement of Tamilnadu election code of conduct we did not plan any major activities during last month. We spent the period for planning for the year and reaching out to our existing sponsors seeking donations to block our calendar and finalise the locations with the number of beneficiaries. We also established contacts with our local support persons seeking their support in local data collection. This, we hope will increase our efficiency in reaching out to as many deserving beneficiaries starting from May 2026. We are all set to do many camps across regions. Thanks for your continued support.



Mr Sankaran

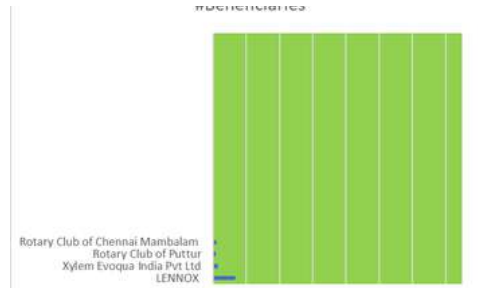
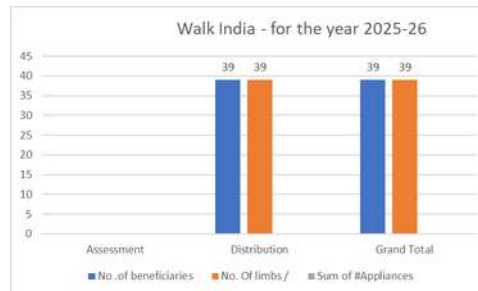
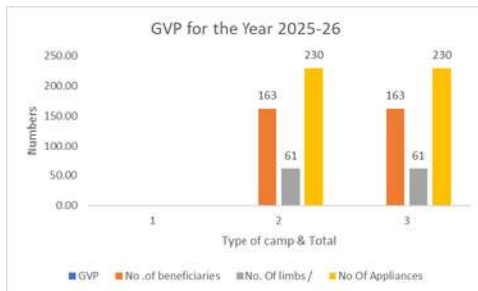
Mr Sankaran- Trustee Freedom Trust

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Year To date Trends FY 2025 - 26

Particulars	Apr-26	May-26	Jun-26	Jul-26	Aug-26	Sep-26	Oct-26	Nov-26	Dec-26	Jan-27	Feb-27	Mar-27	Grand Total
GVP													
No.of beneficiaries	163												163
No. Of limbs /	61												61
#Appliances	230												230
Camp Type	2												2
Walk India													
No.of beneficiaries	39												39
No. Of limbs /	39												39
#Appliances													
Camp Type	2												2
Total No .of beneficiaries	202												202
Total of No. Of limbs /	100												100
Total of #Appliances	230												230
Total of Camp	4												4



Volume Break Up- Camp Type

GVP	Assessment	Distribution	Grand Total
No .of beneficiaries		163	163
No. Of limbs /		61	61
No Of Appliances		230	230
Count of Camp Type		2	2
Total of GVP	0	456	456
Walk India	Assessment	Distribution	Grand Total
No .of beneficiaries		39	39
No. Of limbs /		39	39
Sum of #Appliances			
No of Camps		2	2
Total Of Walk India	0	80	80
GVP and Walk India	Assessment	Distribution	Grand Total
Total No .of beneficiaries		202	202
Total of No. Of limbs /		100	100
Total of #Appliances		230	230
Total of Camp		4	4

Activities of the Month

Lennox Technology /GVP /Distribution - Mysuru (Sargur)

The first camp of the new fiscal year was held on 4 April 2026 in Sargur, Mysuru. It was a GVP distribution camp sponsored under Lennox Technology Centre India Pvt. Ltd., Chennai's CSR programme.

The camp was held at Swami Vivekananda Memorial Hospital, Sargur, Karnataka ably supported by our local partner Swami Vivekananda Youth Movement [SVYM]

This camp benefited 135 beneficiaries with 54 limbs and 198 appliances. Lennox was represented by Mr. Vimal Kumar and FT by Mrs. Usha Bhardwaj and assisted by Mr. Abilash, Project Officer from Freedom Trust.



About Swami Vivekananda Youth Movement (SVYM)

From a small one room clinic in a tribal hamlet, Swami Vivekananda Youth Movement (SVYM) has evolved over nearly four decades to become a development organisation engaged in building a new civil society in India through its grassroots to policy level action since 1984.

Presently we are serving over 3 million people in Karnataka through 40+ Projects, 7 Institutes and 200+ Partners. SVYM's areas of focus are Health, Education, Socio-economic Empowerment and Training & Research. The organisation has its headquarters in Mysuru district of Karnataka state in Southern India.

The organisation has received 32 national and international awards so far.

54

Beneficiaries

53

Limbs

26

Appliances

Xylem Evoqua India Pvt Ltd/GVP/Distribution -Mysuru [Sargur]



The second camp for the month was conducted on 4th April 2026 as part of its Corporate Social Responsibility initiative for 2025-2026 by Xylem Evoqua India Pvt Ltd .

This camp was held at Swami Vivekananda Memorial Hospital, Sargur, and supported again by our local partner Swami Vivekananda Youth Movement [SVYM].

The camp was attended by Mr. Dinesh of Xylem Evoqua Water Solutions India Pvt. Ltd. Dr. Sunder from Freedom Trust and Project Officer Mr. Abhilash.

This camp benefited 28 beneficiaries with 7 limbs and 32 appliances.



28

Beneficiaries

7

Limbs

32

Appliances

Rotary Club of Puttur and Rotary Club of Chennai Mambalam /Walk India /Assessment -Puttur

Two camps were conducted on the same day at Puttur as a Rotary Project for the Rotary Club of Puttur and Rotary Club of Chennai Mambalam .

This camp was conducted in Puttur on 8 April 2026 at Sri Nataraja Vedike Mahatobhara Sri Mahalingeshwara Temple, Puttur, Karnataka.

The event was inaugurated by Dr. Sunder and chief guest was Rtn Senthil Kumar President RCCM and Guests of honour were Rtn Umesh [RCCM] and Shri Panjigudde Ishwara Bhat. Project Officer Mr. Abhilash assisted the camp.

Rotary Club of Puttur camp benefited 18 beneficiaries with 18 limbs.

Rotary Club of Chennai Mambalam camp benefited 21 beneficiaries with 21 limbs.

39

Beneficiaries Limbs

39

0

Appliances



An Insight into the Disability numbers in India



Figure 9 Disabled population in India,

Source: Census 2011

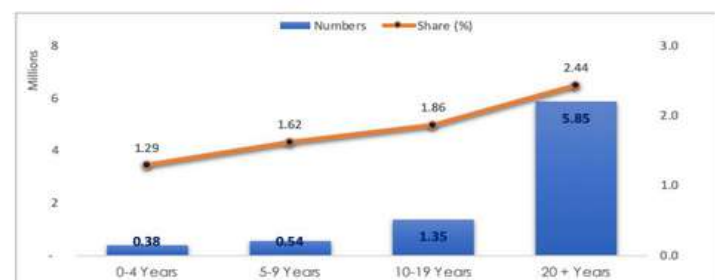


Figure 10 Disabled population by Age Groups in Urban India, 2011.

Source: Census 2011

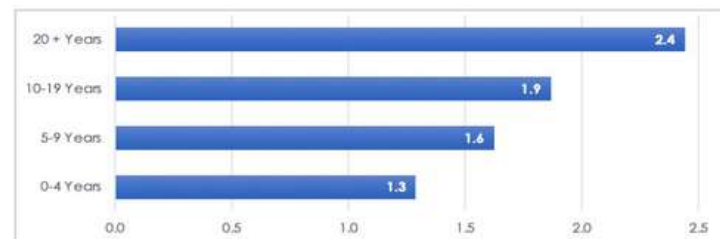


Figure 12 Percentage share of disabled population by age group in urban India.

Source: Census 2011

Table 5 Type of Disability and share in top five UA's

	Seeing	Hearing	Speech	Movement	Mental Retardation	Mental Illness	Any Other	Multiple
Delhi UA	12.81	14.71	6.46	28.63	6.99	4.28	15.75	10.37
Bruhat Bangalore UA	31.68	24.52	4.03	6.65	5.48	0.96	22.99	3.69
Hyderabad UA	22.76	23.94	9.55	6.92	3.78	1.10	28.31	3.64
Kolkata UA	24.62	18.62	8.35	10.82	6.55	2.91	22.70	5.44
Greater Mumbai UA	21.96	21.24	18.79	9.50	4.42	1.68	18.76	3.65
All 52 UAs/Cities	21.38	22.30	9.00	13.05	5.32	2.61	21.05	5.28

Source: Census 2011

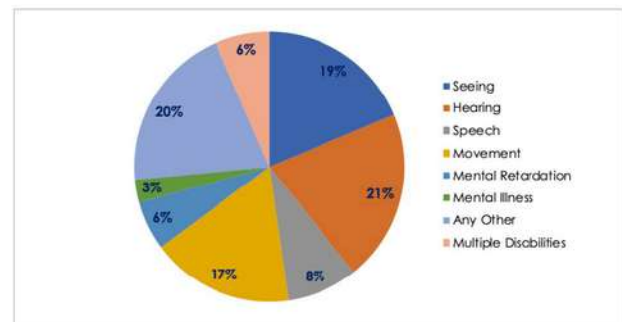


Figure 11 Percentage share on population by disability type in urban India

Source: Census 2011

Table 4 Top 5 states and UA's with concentration of Persons with Disabilities in Urban India,

States/UTs	Numbers (Thousands)	Share (%) to India
Maharashtra	1297.3	15.9
Uttar Pradesh	990.9	12.1
Andhra Pradesh	753.6	9.2
West Bengal	648.5	7.9
Tamil Nadu	558.2	6.8
India	8178.6	
UAs/Cities		
Greater Mumbai UA (Maharashtra)	484.7	12.6
Kolkata UA (West Bengal)	342.3	8.9
Hyderabad UA (Andhra Pradesh)	294.1	7.7
Bruhat Bangalore UA (Tamil Nadu)	251.6	6.6
Delhi UA (Delhi)	228.4	6
Total (52 UAs/Cities- Million Plus)	3832.8	

Source: Census 2011

Upcoming Activities

20
May

WALK INDIA / DISTRIBUTION

At Cuddalore

Donor-SANMAR

Fixed

24
May

WALK INDIA / ASSESSMENT

At Pune

Donor-HAPAG LLOYD

Fixed

26
May

WALK INDIA / ASSESSMENT

At Trichy

Donor-VARA FUTURE LLP

Fixed

31
May

WALK INDIA / ASSESSMENT

At Ranipet

Donor-VARA FUTURE LLP

Mambalam

Fixed



Robert M. Hensel emphasizes focusing on ability over "dis," and that disability is not a barrier to success. Bethany Hamilton adds, "I don't need easy. I just need possible".

Our CSR Partners





A team is
many hands & one mind.

Let's Work Together



<https://www.freedomtrustchennai.org>



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